

A Heat	Bib	Leg	First	Surname	AG	Sex	Club	Event
	1	1	James	Donald	SEN	M	Dundee Hawkhill	10000
	2	2	Scott	Stirling	SEN	M	Falkirk	10000
	3	3	Lachlan	Oates	SEN	M	Shettleston/Glasgow Uni	10000
	4	4	Fraser	Stewart	SEN	M	Cambuslang	10000
	5	5	John	Bell	SEN	M	Inverclyde	10000
	6	6	Lewis	Rodgers	SEN	M	Fife	10000
	7	7	Chris	McGarrity	SEN	M	Shettleston	10000
	8	8	Douglas	Selman	SEN	M	Corstorphine/Edinburgh AC/Dundee Uni	10000
	9	9	Callum	Tharme	U23	M	Gala/Edinburgh Uni	10000
	10	10	Mark	Doherty	V35	M	Inverclyde	10000
	11	11	Ben	Shaw	U23	M	Giffnock North/Edinburgh Uni Hare & Hounds	10000
	12	12	Daniel	Bradford	SEN	M	Shettleston	10000
	13	13	Sam	Griffin	U20	M	Aberdeen	10000
	14	14	William	Mackay	SEN	M	Bedford & County/Thames Hare & Hounds/Metro Aberdeen	10000
	15	15						
	16	16						
	17	17	Lewis	Hannigan (29:40 pacer)	U20	M	Kilbarchan	10000
	18	18	Peter	Bradshaw (30:30 pacer)	U20	M	Inverclyde	10000
B Heat	19	1	Darrell	Hastie	V35	M	Gala	10000
	20	2	Telfer	Gray	U23	M	Central/Edinburgh Uni	10000
	21	3	Michael	Rimicans	SEN	M	Irvine/Edinburgh Uni	10000
	22	4	Peter	Tucker	V40	M	Inverclyde/Scottish Vets H	10000
	23	5	Colin	Whitby	V40	M	Garscube	10000
	24	6	David	Wright	SEN	M	Lothian	10000
	25	7	Lucas	Cheskin	SEN	M	Shettleston	10000
	26	8	Marcus	D'Agrosa	SEN	M	Gala	10000
	27	9	Iain	Carroll	V40	M	Giffnock North	10000
	28	10	Jamie	Clements	SEN	M	East Kilbride	10000
	29	11	Sam	Fernando	SEN	M	Fife	10000

30	12	Alistair	Gudgin	SEN	M	Fife	10000
31	13	Andrew	Kirk	SEN	M	Kirkintilloch	10000
32	14	Alan	Blair	V35	M	Garscube	10000
33	15	Alistair	Campbell	V35	M	Glasgow City/Cambuslang	10000
34	16	Steve	Daye	SEN	M	Irvine	10000
35	17	Jack	Kirwan	SEN	M	East Kilbride	10000
36	18	Declan	Murray	SEN	M	Macclesfield/Edinburgh Uni	10000
37	19	Adam	Peters	SEN	M	Shettleston/Glasgow Uni	10000
38	20	Stephen	Wylie	V50	M	Cambuslang/Girvan	10000
39	21	Mark	Doherty (31:30 pacer)				
40	22	James	Bowness (32:30 pacer)				

C Heat	41	1	Calum	Oates	SEN	M	Shettleston	10000
	42	2	Stephen	Allen	V50	M	Cumbernauld/Scottish Vets H	10000
	43	3	David	Tamburini	V45	M	Inverclyde/Scottish Vets H	10000
	44	4	Nicholas	Gemmell	V45	M	Inverclyde	10000
	45	5	Andrew	Grieve	SEN	M	Skye & Lochalsh/Glasgow University Hares & Hounds	10000
	46	6	Andrew	Kaar	V35	M	Ealing Southall & Middx	10000
	47	7	Malcolm	Lang	V45	M	Corstorphine	10000
	48	8	Jon	Hammerman	V40	M	Inverclyde	10000
	49	9	Paul	Monaghan	V50	M	Greenock Glenpark	10000
	50	10	Garry	Mathew	V40	M	Garscube	10000
	51	11	Stephen	Brown	V40	M	West End RR/Scottish Vets H	10000
	52	12	Jordan	Cruickshank	U20	M	Metro Aberdeen	10000
	53	13	Scott	McDonald	V55	M	Moorfoot	10000
	54	14	Lee	Strachan	V40	M	Dundee Hawkhill	10000
	55	15	Iain	Burns	V40	M	Shettleston	10000
	56	16	Ross	McKelvie	V35	M	Lytham St. Annes	10000
	57	17	John	Coyle	V45	M	Garscube/Scottish Vets H	10000
	58	18	Alastair	Walker	V65	M	Teviotdale/Scottish Vets H	10000
	59	19	Duncan	Ryan	V50	M	Perth RR	10000
	60	20	Mark	King	V50	M	Cambuslang	10000

61	21	Fraser	Smith	U23	M	Edinburgh Uni	10000
62	22	Daniel	Lowe	SEN	M	Shettleston	10000
63	23	James	Wright	SEN	M	Lothian	10000
64	24	Gary	Downey	SEN	M	Kilbarchan	10000
65	25	Chris	Mackay (33:45 pacer)				
66	26	Stephen	Trainer (34:30 pacer)				

D Heat	67	1	Duncan	Anderson	SEN	M	Bellahouston Harriers	10000
	68	2	Sandy	McDougall	V40	W	Dundee Hawkhill	10000
	69	3	Jim	White	V45	M	Motherwell	10000
	70	4	Gary	Craig	SEN	M	East Kilbride	10000
	71	5	Sean	Casey	V50	M	Cumbernauld	10000
	72	6	Morven	Hubbard	U20	W	Ayr Seaforth	10000
	73	7	Fiona	Matheson	V60	W	Falkirk/Scottish Vets H	10000
	74	8	Jessica	Robson	U20	W	Law	10000
	75	9	Brian	Lees	V55	M	Lothian	10000
	76	10	George	McPherson	V60	M	Metro Aberdeen	10000
	77	11	Iain	Cameron	V40	M	Lothian	10000
	78	12	Allie	Chong	V50	W	Giffnock North	10000
	79	13	John	Robertson	V60	M	Peterhead	10000
	80	14	George	Papadakis	V40	M	Springburn	10000
	81	15	James	Reid	SEN	M	Garscube	10000
	82	16	Andrew	Chapman	V45	M	East Kilbride	10000
	83	17						
	84	18						
	85	19	Mark	Pollard (36:45 pacer)				
	86	20	TBC	TBC (39:00 pacer)				